

GRADE: VIII

Date: 11-01-2024

CPE 2 (2023-24) ENGLISH

Marks: 20

Time: 50 minutes

Name:	Class &Section:

Section A- Reading Skills

Read the passage carefully and answer the following questions

A new study has found that more and more people are experiencing mental health problems. Research from the University of Queensland and Harvard Medical School found that half of us will have at least one mental health disorder by the time we are 75. Professor John McGrath, lead author of the study, said the most common issues were mood disorders, such as depression or anxiety. He added that "the risk of certain mental disorders differed by sex". The three most common mental health disorders among women were depression, phobias that make daily life more difficult and PTSD (post-traumatic stress disorder). Men suffered most from alcohol abuse, depression, and phobias. The researchers looked at data from 32 mental health surveys from the WHO. Over 156,000 people in 29 countries answered questions about their lifestyle and mental well-being. The researchers analyzed the questionnaires to find out when mental health problems first started in people. They also assessed the risk of people experiencing 13 mental disorders. These included panic attacks, anxiety, drug abuse and ADHD. An important finding of the study was that for many people, mental health disorders first appeared in childhood or in teenage years. The study concluded that young people needed more help in the "critical parts of their lives". They need services that find and treat their mental health problems.

1. What does the article say young people need more of?
a) help b) peace c) sleep d) free time

1

2.	When do mental disorders first appear in people? a) in childhood b) at the age of four	1
	c) during teenage years d) in the early 20s	
3.	What do men suffer from besides alcohol abuse and phobias	? 1
٥.	a) panic attacks b) depression c) drug abuses d) ADHD	
4.	State whether True or False	
• •	The article says young people need mental health services.	
5.	Suggest a suitable title for the passage	
	Section B- Vocabulary	I
	Match Column A with Column B	
	Column A Column B	
6.	disorder misuse	1
7.	abuse widespread	1
8.	study investigation	1
	xxxxxxx illness	
9.	Catherine will be (play) tomorrow 1 a) plays b) played c) playing d) play	
10.	a) plays b) played c) playing d) play	
	future perfect continuous form	
11.		
	Section D- Creative Writing	
12.	The Village International School, Thodupuzha is hosting Central Kerala Sahodaya Inter School Chess Tournament. Prepare a suitable poster which can be sent to different schools for display on their notice-board.	
	Section E- Literature	
13.	How do Gogol's parents try to convince him to accept the ne name?	2 2
14.	Describe Claribel. How did she enter the space station?	3
	THE END	<u> </u>

Prepared by :.....
Checked by : HOD /HOS