

HOLIDAY ASSIGNMENT

SUBJECT: EVS

Grade: 1

General instructions:

1. Complete the holiday assignment and submit on or before 10/1/23.
2. Parents are requested to guide their children.
3. Assignment will be assessed on the basis of neatness.

Topic: Healthy nutritious food.

Objective: To understand that the right amount of nutrients keeps the body healthy.

Learning outcome: Children will be able to understand the importance of food and nutrition.

Activity

Prepare a healthy plate of food by using a disposable round shaped plate.

Take the photo of the healthy plate with nutritious food prepared at your home and send to me.